



**Nevada Department of  
Health and Human Services**  
DIVISION OF HEALTH CARE  
FINANCING AND POLICY

# **Behavioral Health Services Report**

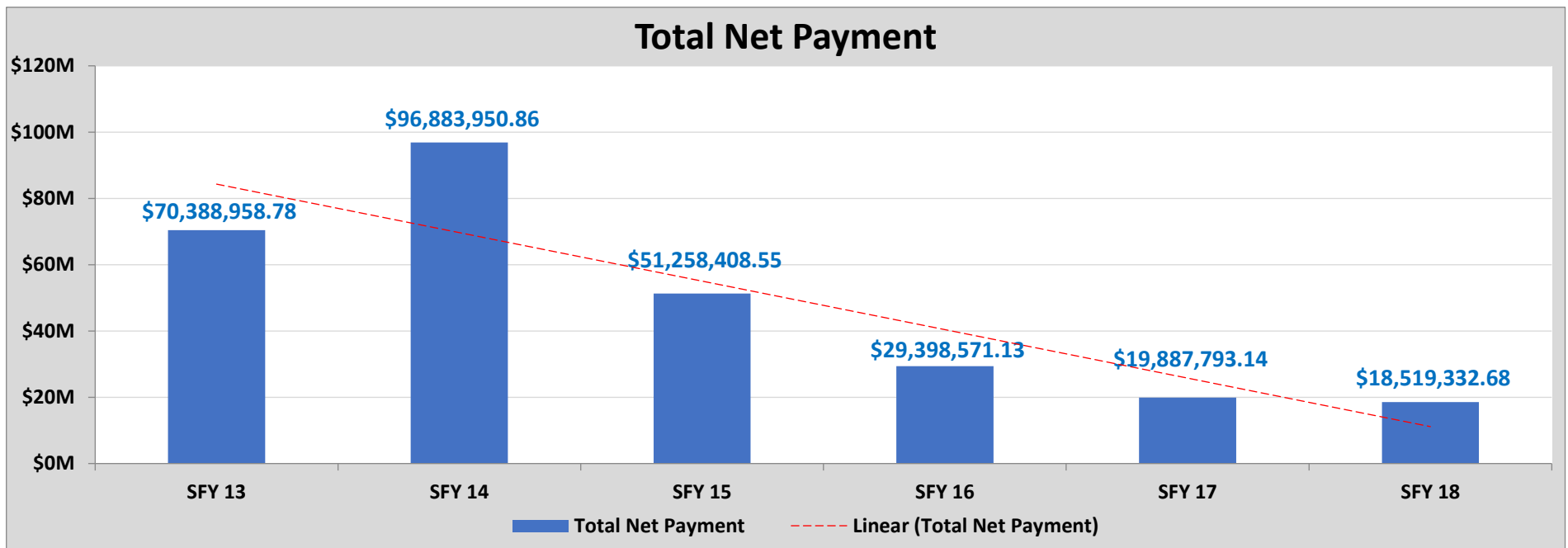
**July 2018**

## Basic Skills Training and Development (BST)

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	9,672	
SFY 14	12,083	24.93%
SFY 15	10,860	-10.12%
SFY 16	7,182	-33.87%
SFY 17	4,792	-33.28%
SFY 18	3,554	-25.83%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>4,792</b>	
<b>SFY 18</b>	<b>3,554</b>	<b>-25.83%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	600,716	
SFY 14	865,141	44.02%
SFY 15	576,517	-33.36%
SFY 16	355,322	-38.37%
SFY 17	252,744	-28.87%
SFY 18	206,237	-18.40%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>252,744</b>	
<b>SFY 18</b>	<b>206,237</b>	<b>-18.40%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$ 70,388,958.78	
SFY 14	\$ 96,883,950.86	37.64%
SFY 15	\$ 51,258,408.55	-47.09%
SFY 16	\$ 29,398,571.13	-42.65%
SFY 17	\$ 19,887,793.14	-32.35%
SFY 18	\$ 18,519,332.68	-6.88%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 19,887,793.14</b>	
<b>SFY 18</b>	<b>\$ 18,519,332.68</b>	<b>-6.88%</b>



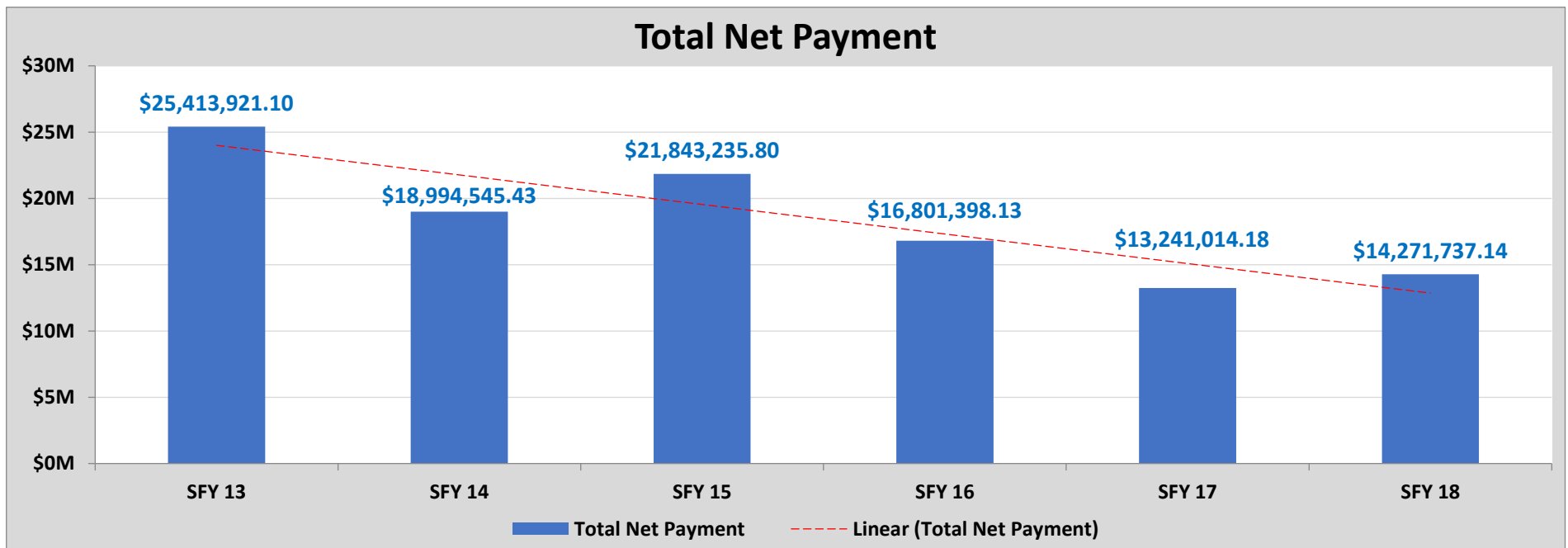
**Notes:** Effective January 10, 2014, policy changes were made for Basic Skills Training (BST) requiring the services be deemed medically necessary through the prior authorization process before services can be provided. The legislative approved budget for 2018-2019 includes a BST rate reduction and policy restriction that would further drive down BST spend. DHCFP continues to work with stakeholders and anticipates an implementation date of October 1, 2018 for the policy and January 1, 2019 for the rate change.

## Psychosocial Rehabilitation (PSR)

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	6,251	
SFY 14	5,507	-11.90%
SFY 15	5,788	5.10%
SFY 16	4,933	-14.77%
SFY 17	3,930	-20.33%
SFY 18	3,161	-19.57%
<b>Timeframe Difference</b>		
SFY 17	3,930	
SFY 18	3,161	-19.57%

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	194,983	
SFY 14	155,346	-20.33%
SFY 15	169,276	8.97%
SFY 16	138,402	-18.24%
SFY 17	114,496	-17.27%
SFY 18	91,437	-20.14%
<b>Timeframe Difference</b>		
SFY 17	114,496	
SFY 18	91,437	-20.14%

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$25,413,921.10	
SFY 14	\$18,994,545.43	-25.26%
SFY 15	\$21,843,235.80	15.00%
SFY 16	\$16,801,398.13	-23.08%
SFY 17	\$13,241,014.18	-21.19%
SFY 18	\$14,271,737.14	7.78%
<b>Timeframe Difference</b>		
SFY 17	\$ 13,241,014.18	
SFY 18	\$ 14,271,737.14	7.78%



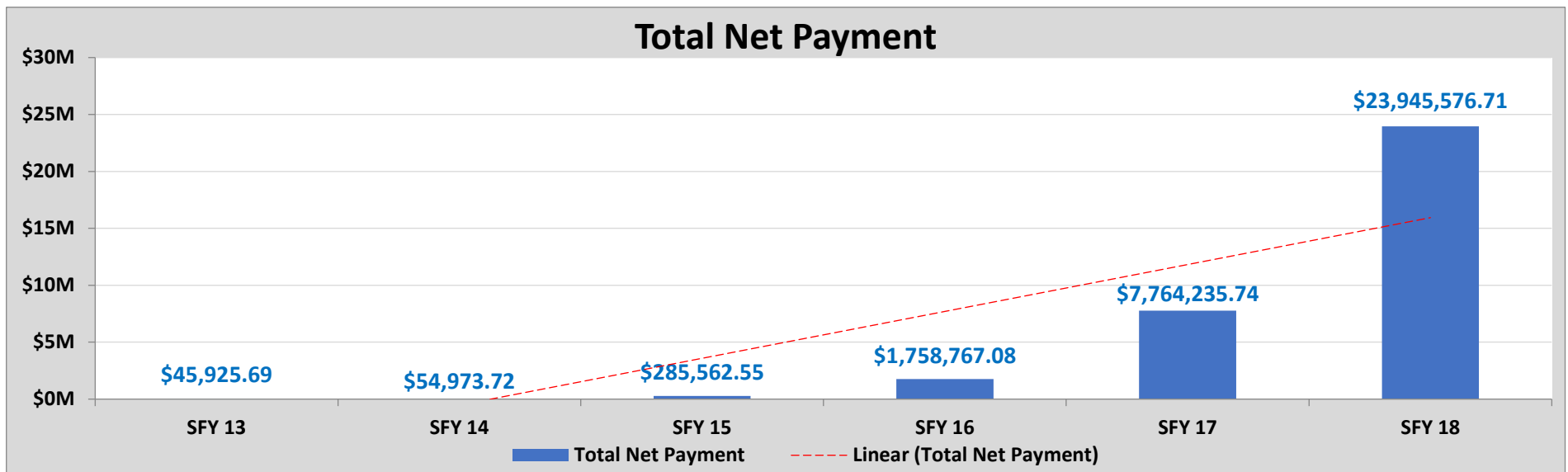
**Notes:** Psychosocial Rehabilitation Services (PSR) are rehabilitative mental health services designed to reduce psychosocial dysfunction targeting psychological functioning within a variety of social settings. Services can be performed by Qualified Mental Health Professionals (QMHP) and a Qualified Mental Health Associate (QMHA) under the clinical supervision of a QMHP. All services must be prior authorized not to exceed 90-day intervals with the following daily maximums: Level III – 2hr/day; Level IV&V – 3hr/day; Level VI – 4hr/day.

## Medication Training and Support

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	1,400	
SFY 14	643	-54.07%
SFY 15	474	-26.28%
SFY 16	1,522	221.10%
SFY 17	3,574	134.82%
SFY 18	6,641	85.81%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>3,574</b>	
<b>SFY 18</b>	<b>6,641</b>	<b>85.81%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	2,214	
SFY 14	1,038	-53.12%
SFY 15	2,906	179.96%
SFY 16	16,652	473.02%
SFY 17	41,003	146.23%
SFY 18	108,207	163.90%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>41,003</b>	
<b>SFY 18</b>	<b>108,207</b>	<b>163.90%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$45,925.69	
SFY 14	\$54,973.72	19.70%
SFY 15	\$285,562.55	419.45%
SFY 16	\$1,758,767.08	515.90%
SFY 17	\$7,764,235.74	341.46%
SFY 18	\$23,945,576.71	
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 7,764,235.74</b>	
<b>SFY 18</b>	<b>\$ 23,945,576.71</b>	<b>208.41%</b>



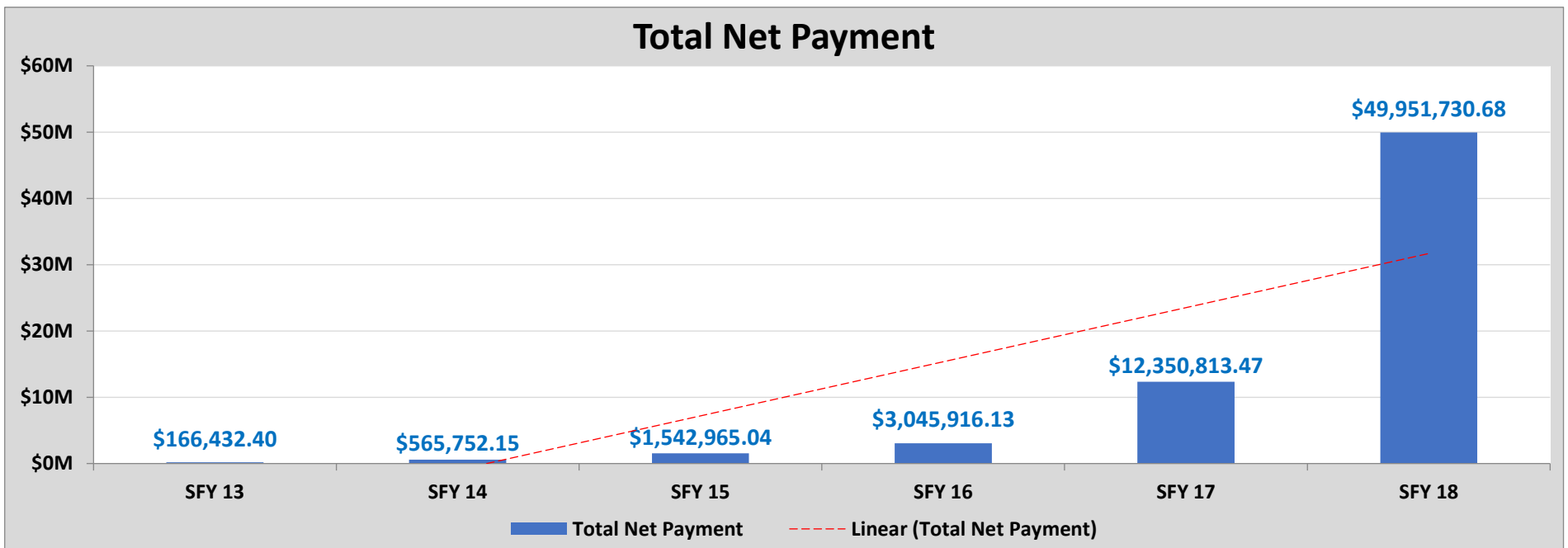
**Notes:** Medication Training is covered for monitoring of compliance, side effects, recipient education and coordination of requests to a physician for changes in medication(s). The state plan only allows for medication training as part of outpatient behavioral health services when performed by a Qualified Mental Health Provider (QMHP). Through a recent SUR review, it was discovered that Qualified Mental Health Associates (QMHA) are billing for medication training which is outside of the scope approved in the state plan and medication training is also billed when there is no indication of a pharmacy claim to warrant medication training. DHCFP is in the process of issuing a web announcement and updating billing guides and policy language to clarify appropriate billing practices for medication training. In addition, SUR is addressing recoupments for inappropriate billing of medication training.

## Intensive Outpatient Psychiatric Services (IOP)

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	54	
SFY 14	134	148.15%
SFY 15	288	114.93%
SFY 16	628	118.06%
SFY 17	2,436	287.90%
SFY 18	6,516	167.49%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>2,436</b>	
<b>SFY 18</b>	<b>6,516</b>	<b>167.49%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	790	
SFY 14	1,678	112.41%
SFY 15	5,542	230.27%
SFY 16	15,139	173.17%
SFY 17	49,625	227.80%
SFY 18	267,504	439.05%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>49,625</b>	
<b>SFY 18</b>	<b>267,504</b>	<b>439.05%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$166,432.40	
SFY 14	\$565,752.15	239.93%
SFY 15	\$1,542,965.04	172.73%
SFY 16	\$3,045,916.13	97.41%
SFY 17	\$12,350,813.47	305.49%
SFY 18	\$49,951,730.68	304.44%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 12,350,813.47</b>	
<b>SFY 18</b>	<b>\$ 49,951,730.68</b>	<b>304.44%</b>



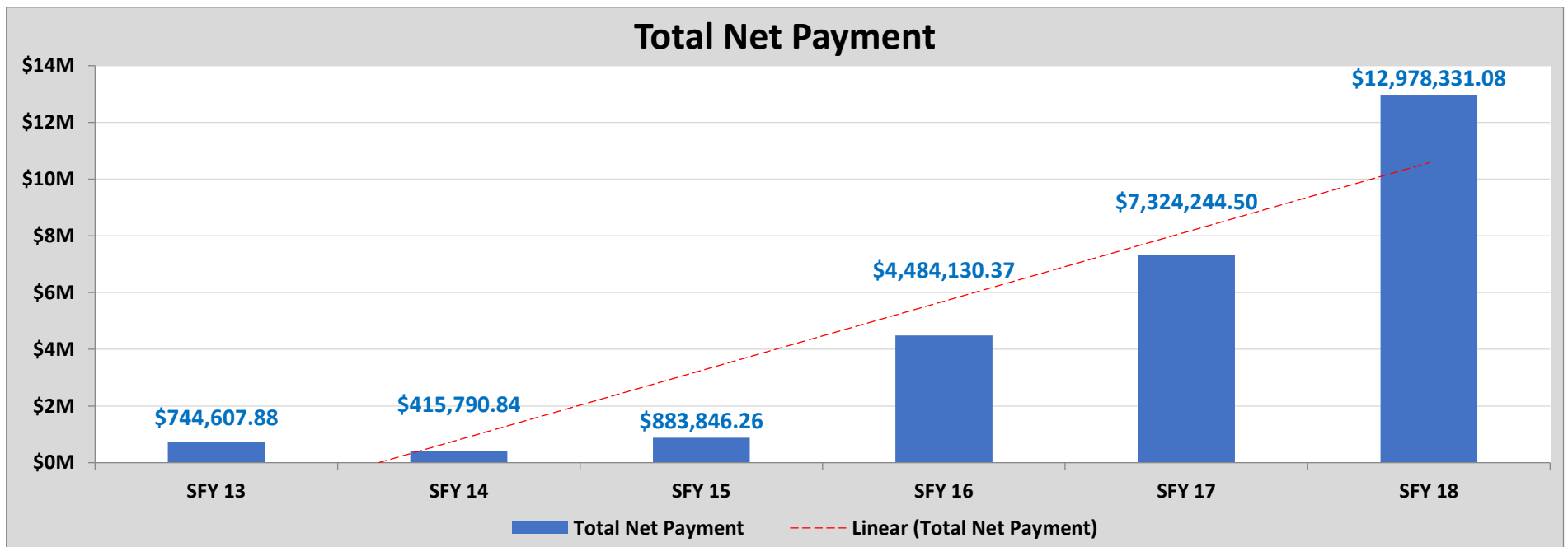
**Notes:** Intensive Outpatient Psychiatric Services (IOP) is a comprehensive interdisciplinary program of an array of direct mental health and rehabilitative services which are expected to improve or maintain an individual's condition and functioning level for prevention of relapse or hospitalization. The services are provided to individuals who are diagnosed as severely emotionally disturbed or serious mental illness. There is currently no limitation on services.

## Crisis Intervention Services (CI)

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	598	
SFY 14	1,005	68.06%
SFY 15	1,365	35.82%
SFY 16	2,669	95.53%
SFY 17	3,141	17.68%
SFY 18	4,760	51.54%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>3,141</b>	
<b>SFY 18</b>	<b>4,760</b>	<b>51.54%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	1,582	
SFY 14	2,112	33.50%
SFY 15	2,890	36.84%
SFY 16	7,756	168.37%
SFY 17	12,702	63.77%
SFY 18	20,385	60.49%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>12,702</b>	
<b>SFY 18</b>	<b>20,385</b>	<b>60.49%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$744,607.88	
SFY 14	\$415,790.84	-44.16%
SFY 15	\$883,846.26	112.57%
SFY 16	\$4,484,130.37	407.34%
SFY 17	\$7,324,244.50	63.34%
SFY 18	\$12,978,331.08	77.20%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 7,324,244.50</b>	
<b>SFY 18</b>	<b>\$ 12,978,331.08</b>	<b>77.20%</b>



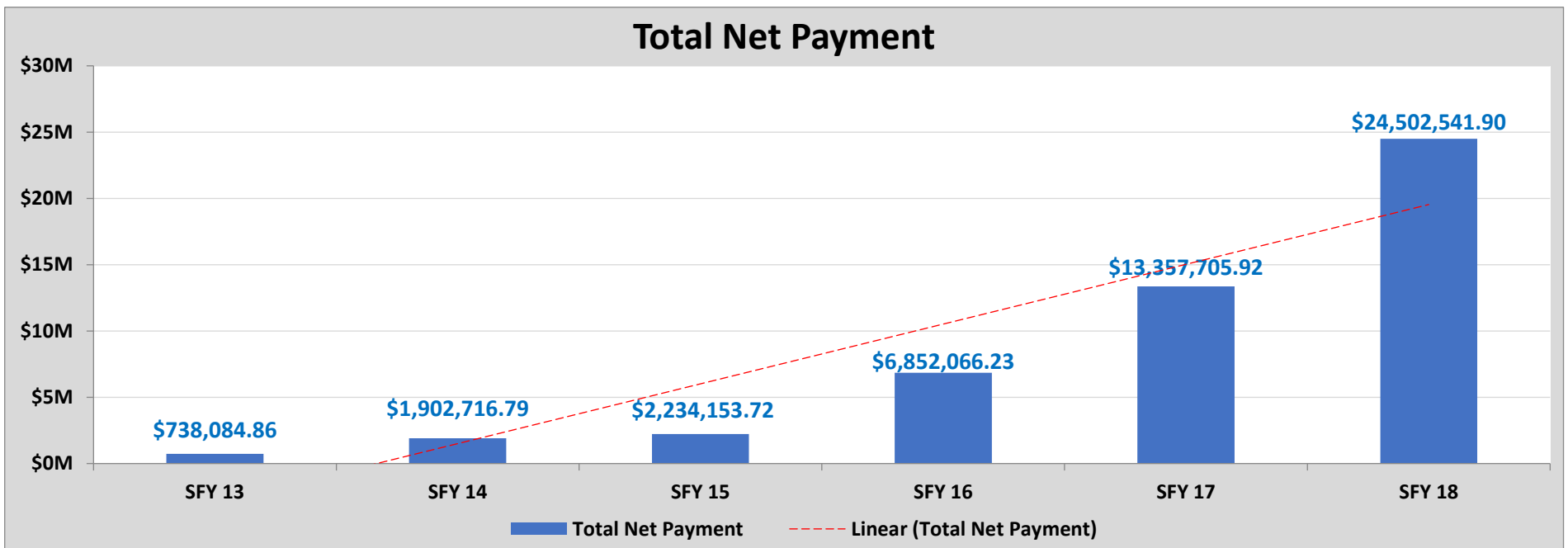
**Notes:** Crisis intervention (CI) are services that target urgent situations where recipients are experiencing acute psychiatric and/or personal distress. The goal is to assess and stabilize the situation. Effective November 17, 2017 the CI limits were reduced from 4 hours per day over a 5 day period to a 3 day period without prior authorization to align with Mental Health Parity.

## Biofeedback Training

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	569	
SFY 14	939	65.03%
SFY 15	1,159	23.43%
SFY 16	2,479	113.89%
SFY 17	4,515	82.13%
SFY 18	6,751	49.52%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>4,515</b>	
<b>SFY 18</b>	<b>6,751</b>	<b>49.52%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	7,545	
SFY 14	19,467	158.01%
SFY 15	22,790	17.07%
SFY 16	67,123	194.53%
SFY 17	134,499	100.38%
SFY 18	244,337	81.66%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>134,499</b>	
<b>SFY 18</b>	<b>244,337</b>	<b>81.66%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$738,084.86	
SFY 14	\$1,902,716.79	157.79%
SFY 15	\$2,234,153.72	17.42%
SFY 16	\$6,852,066.23	206.70%
SFY 17	\$13,357,705.92	94.94%
SFY 18	\$24,502,541.90	83.43%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 13,357,705.92</b>	
<b>SFY 18</b>	<b>\$ 24,502,541.90</b>	<b>83.43%</b>



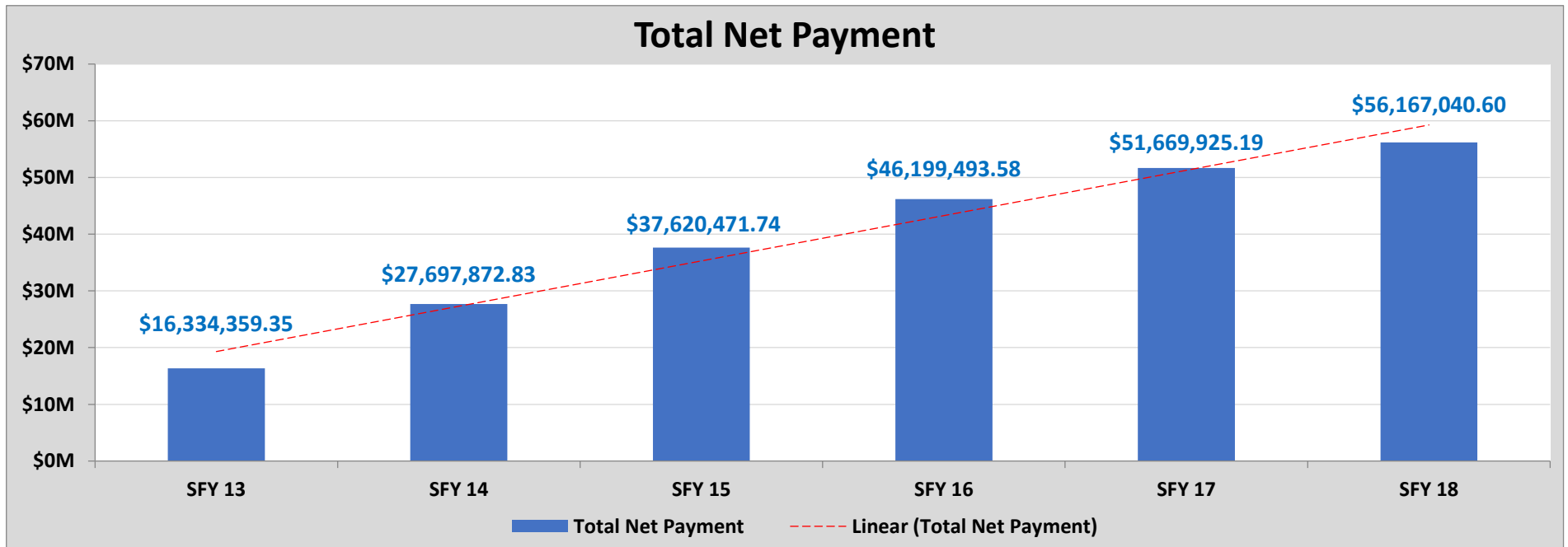
**Notes:** Biofeedback is a technique that enable an individual to learn how to change physiological activity. Instruments are attached to the body to measure muscle activity, temperature, respiration, heart rate, etc. to assist an individual to increase awareness and gain voluntary control over the mind and body. Currently DHCFP covers biofeedback for attention deficit disorder – 40 sessions, anxiety disorder- 30 sessions, depressive disorders- 25 sessions, bipolar disorder – 50 sessions, obsessive compulsive disorder – 40 sessions, opposition defiant disorders and reactive attachment disorders – 50 sessions, post-traumatic stress disorders- 35 sessions, schizophrenia -50 sessions.

## Psychotherapy

State Fiscal Year	Total Patients	% change from prior SFY
SFY 13	12,129	
SFY 14	17,407	43.52%
SFY 15	21,302	22.38%
SFY 16	22,681	6.47%
SFY 17	24,218	6.78%
SFY 18	24,831	2.53%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>24,218</b>	
<b>SFY 18</b>	<b>24,831</b>	<b>2.53%</b>

State Fiscal Year	Total Claims Paid	% change from prior SFY
SFY 13	154,058	
SFY 14	272,151	76.65%
SFY 15	347,547	27.70%
SFY 16	407,805	17.34%
SFY 17	442,022	8.39%
SFY 18	450,948	2.02%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>442,022</b>	
<b>SFY 18</b>	<b>450,948</b>	<b>2.02%</b>

State Fiscal Year	Total Net Payment	% change from prior SFY
SFY 13	\$16,334,359.35	
SFY 14	\$27,697,872.83	69.57%
SFY 15	\$37,620,471.74	35.82%
SFY 16	\$46,199,493.58	22.80%
SFY 17	\$51,669,925.19	11.84%
SFY 18	\$56,167,040.60	8.70%
<b>Timeframe Difference</b>		
<b>SFY 17</b>	<b>\$ 51,669,925.19</b>	
<b>SFY 18</b>	<b>\$ 56,167,040.60</b>	<b>8.70%</b>



**Notes:**